

2026 Updates in Diabetes Management

Presented by Scripps Whittier Diabetes Institute

October 10, 2026 - Hyatt Regency Mission Bay - San Diego, California

Scripps Whittier Diabetes Institute's 2026 Updates in Diabetes Management program will highlight the latest advances in the diagnosis and treatment of type 1 and type 2 diabetes, with a focus on emerging research and evolving standards of care. The program will feature recent developments in pharmacologic therapies, precision nutrition, metabolic interventions, and advanced diabetes technologies.

Nationally recognized experts actively engaged in clinical care and cutting-edge research will lead the course, providing practical insights for real-world application. Attendees will gain actionable knowledge to integrate evidence-based innovations into clinical practice, with the goal of improving outcomes and quality of life for individuals living with diabetes.

Educational Objectives

Upon completion of this activity, participants should be able to:

- Apply a cardio–renal–metabolic approach to the management of diabetes in patients with kidney and/or cardiovascular disease²
- Evaluate and apply glucose monitoring technologies (e.g., CGM) to improve glycemic control.
- Integrate current, team-based practice recommendations across primary and specialty care settings.
- Implement evidence-based weight management strategies, including lifestyle, pharmacologic, and surgical interventions.
- Identify and address health disparities and social determinants of health impacting diabetes outcomes.

Target Audience

- Primary Care Physicians
- Physician Assistants
- Nurse Practitioners
- Pharmacists
- Certified Diabetes Educators
- Dietitians
- Other Allied Health Professionals

Course Director(s)

Athena Philis-Tsimikas, MD
Corporate Vice President
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La Jolla, California

Samantha Harris, MD
Endocrinologist, Scripps Clinic
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Conference Planning Committee

Kelly Barger, RDN, CDCES
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Faculty Disclosure

*In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated. **A complete listing of faculty and their disclosures for this program can be found on the course website.***

Accreditation, Maintenance of Certification, and Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this activity for a maximum of 7.25 *AMA PRA Category 1 Credit(s)*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses and Nurse Practitioners

The American Nurses Credentialing Center, American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*™ issued by organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit(s)*.™

Physician Assistants

NCCPA accepts *AMA PRA Category 1 Credit(s)*™ from organizations accredited by the ACCME.

Commission on Dietetic Registration

The Commission on Dietetic Registration (CDR) accepts *AMA PRA Category 1 Credit(s)*™ issued by organizations accredited by the ACCME.

Maintenance of Certification

This CME activity is offering Maintenance of Certification (MOC) points for members of the American Board of Internal Medicine. Visit the course website for additional details on how points will be awarded.

Commercial Support

This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards

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Course Topics

- Diabetes Medication Optimization
- Diabetes Care Technology
- MASH Therapeutic Advances
- Lipoproteins Beyond LDL
- Emerging Obesity Therapies
- And more...



Scan for a complete agenda



Register Online



	Thru Sept 25	After Sept 25
Physicians (MD, DO, MBBS)	\$300	\$350
Scripps Physician*	\$250	\$300
RN, NP, PA, Others	\$225	\$275
Scripps RN, NP, PA, Others*	\$175	\$225
Students, Residents, Fellows**	\$125	\$175
CGM Device (Optional)	\$50	

*Must use a valid Scripps email address when registering

**To receive the student, resident, fellow registration discount code, please email or call Scripps CME and provide proof of your status

Course Location & Hotel Information

Hyatt Regency Mission Bay
1441 Quivira Rd., San Diego, CA 92109
Phone: 619-224-1234

Please make your own hotel reservations and request the Scripps course reduced rate of \$259 per night (plus tax and parking). Make your reservations early! **A block of rooms is being held for us at the special rate of \$259 per night until Friday, September 18, 2026, or until the room block fills, whichever comes first.** After this date, reservations will be accepted on a space and rate availability basis only. [Visit the course website for a link to reserve a discounted room.](#) Attendees who book their room through an online, third-party service are not eligible for room block concessions including waived (or discounted) resort fee and discounted overnight self-parking.

Attendee Cancellation, Substitution and Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Students, Residents, Fellows), if your cancellation is received in writing no later than **Friday September 25, 2026**. Attendee substitutions are allowed, but notification must be made in writing by **Friday September 25, 2026**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows." No refunds shall be made for cancellations due to inclement weather.

Scripps Course Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this course, in which case a full refund of the registration fee will be provided. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.